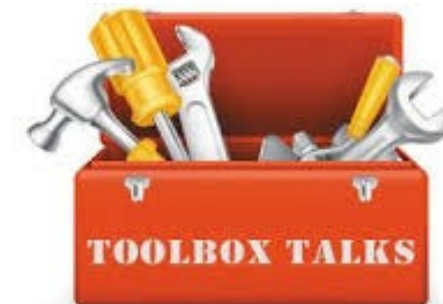
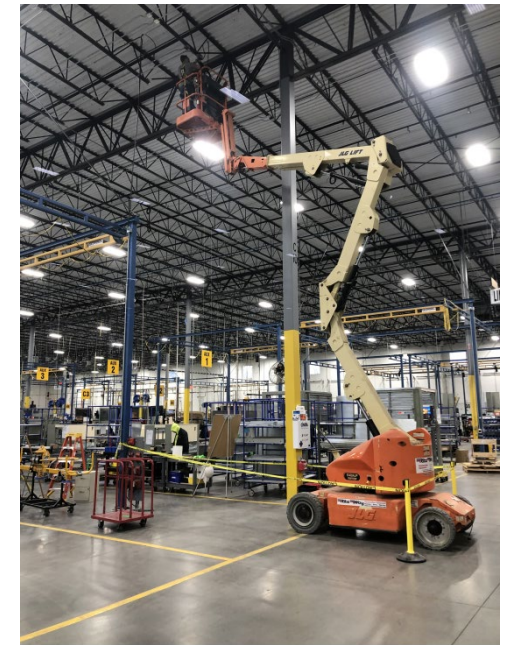


# Walking Under Man-Lifts

When man-lifts are being utilized, they present a very dangerous overhead hazard.

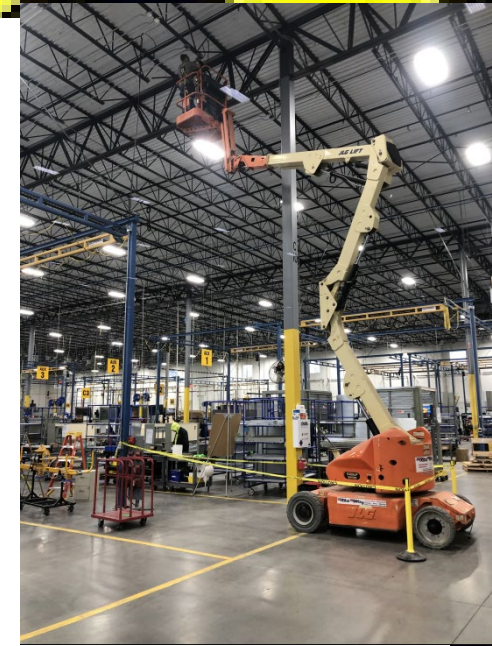
Lift operators should have the immediate area around the lift blocked off and Team Members must **refrain from walking under these lifts** or in these areas.



# Caminar Bajo Hombre-Ascensores

Cuando se utilizan levantamientos de hombres, presentan un peligro muy peligroso.

Los operadores de ascensores deben tener el área inmediata alrededor del ascensor bloqueada y **los miembros del equipo deben abstenerse de caminar bajo estos ascensores o en estas áreas.**



## Line of Fire: Overhead Work

Do not perform work while directly above another team member. This drastically increases the chances of someone being struck by a falling object, like a tool.

If work needs to be done directly above where a team member currently is, **wait for clearance!**



## Línea de fuego: Trabajo aéreo

No realice trabajos mientras esté directamente por encima de otro miembro del equipo. Esto aumenta drásticamente las posibilidades de que alguien sea golpeado por un objeto que cae, como una herramienta. Si el trabajo debe hacerse directamente encima de donde se encuentra actualmente un miembro del equipo, **¡espere la autorización!**



# First Aid Friday: Seizure Response

If a person is having a seizure:

1. Move objects away from them to protect their head from injury.
2. Call 9-1-1!
3. Pay attention to the duration of the seizure.
4. Do not restrain the individual.
5. Do not put anything in individual's mouth.
6. Allow the seizure to take its course.
7. If possible, roll person onto side to allow saliva to drain from their mouth.

**Seizure First Aid**  
How to help someone having a seizure

- 1 STAY** with the person until they are awake and alert after the seizure.  
✓ Time the seizure ✓ Remain calm  
✓ Check for medical ID
- Keep the person **SAFE**  
✓ Move or guide away from harm
- Turn the person onto their **SIDE** if they are not awake and aware.  
✓ Keep always clear  
✓ Loosen tight clothes around neck  
✓ Put something small and soft under the head

**Call 911 if...**

- ▶ Seizure lasts longer than 5 minutes
- ▶ Person does not return to their usual state
- ▶ Person is injured, pregnant, or sick
- ▶ Repeated seizures
- ▶ First time seizure
- ▶ Difficulty breathing
- ▶ Seizure occurs in water

**Do NOT**

- ✗ Do **NOT** restrain.
- ✗ Do **NOT** put any objects in their mouth.  
✓ Rescue medicines can be given if prescribed by a health care professional

Learn more: [epilepsy.com/firstaid](http://epilepsy.com/firstaid)



# Viernes de primeros auxilios: **Respuesta a las convulsiones**

Si una persona está teniendo una convulsión:

1. Aleje los objetos de ellos para proteger su cabeza de lesiones.
2. ¡Llame al 9-1-1!
3. Preste atención a la duración de la convulsión.
4. No restrinja al individuo.
5. No ponga nada en la boca del individuo.
6. Permita que la convulsión siga su curso.
7. Si es posible, haga rodar a la persona hacia un lado para permitir que la saliva drene de su boca.

Seizure First Aid	
How to help someone having a seizure	
1	<b>STAY</b> with the person until they are awake and alert after the seizure. ✓ Time the seizure ✓ Remain calm ✓ Check for medical ID
2	Keep the person <b>SAFE</b> . ✓ Move or guide away from harm
3	Turn the person onto their <b>SIDE</b> if they are not awake and aware. ✓ Keep always clear ✓ Loosen tight clothes around neck ✓ Put something small and soft under the head
Call 911 if...	<ul style="list-style-type: none"><li>▶ Seizure lasts longer than 5 minutes</li><li>▶ Person does not return to their usual state</li><li>▶ Person is injured, pregnant, or sick</li><li>▶ Repeated seizures</li><li>▶ First time seizure</li><li>▶ Difficulty breathing</li><li>▶ Seizure occurs in water</li></ul>
Do NOT	<ul style="list-style-type: none"><li>✗ Do <b>NOT</b> restrain.</li><li>✗ Do <b>NOT</b> put any objects in their mouth. ✓ Rescue medicines can be given if prescribed by a health care professional</li></ul>
Learn more: <a href="http://epilepsy.com/firstaid">epilepsy.com/firstaid</a>	

